



Hunger Ministries at Second Church

Below is a list of needed items to support the Northside Food Pantry. For your convenience, you may pick up an empty food donation shopping bag in either the Atrium or Narthex. Please TAKE a bag, FILL it with any of the items listed below, and RETURN it to the food collection area in the Atrium near the administrative offices. Please do not keep the bag.



Food Pantry Shopping List



DRY GOODS(no glass jars please)

Pasta (whole wheat or whole grain–quinoa, chickpea, etc.–pasta preferred)

Rice (brown, wild, or white)

Dry beans, peas, or other legumes

Cereal (whole grain cereals preferred)

Oatmeal (Plain rolled or steel-cut oats, or low sugar varieties preferred)

Peanut butter (other nut butters; no added sugar preferred)

Jelly

Baking Mix, Pancake Mix or Corn Muffin Mix

CANNED GOODS (No glass jars please)

Spaghetti sauce (low sodium and no added sugar types preferred)

Canned meat or fish (e.g. chicken, salmon, tuna, sardines - packed in water, not oil)

Ready Meal's (Chili, Sloppy Joe, Beef Stew)

Soups (low sodium preferred)

Fruits (in water or juice)

Vegetables (low salt or no salt preferred)

Canned beans or other legumes (low sodium preferred)

OTHER ITEMS

Spices

Dried herbs

Condiments (Ketchup, Mustard, Mayonnaise)

Pancake Syrup

Flour

Sugar

NON-FOOD ITEMS

Shampoo

Bar soap

Deodorant

Toothpaste

Feminine hygiene products

Toilet paper

Baby Wipes

WE ARE ALWAYS IN NEED OF PAPER & PLASTIC BAGS.

THANK YOU FOR YOUR DONATIONS

NORTHSIDE MISSION MINISTRIES

SECOND PRESBYTERIAN CHURCH

Why Should I support Northside Mission Ministries?

- Hunger is a real problem in our neighborhood- 1 in 7 families struggle with food insecurity.
- 41% of families living in the Crooked Creek Neighborhood are employed and living in poverty.
- 23.9% of children under 18 in Marion County live in poverty.
- In 2024, our food pantry reach has increased by 25%. We currently serve an average of 812 families and 3320 individuals per month in the Northside Food Pantry.
- Poverty & Obesity go together-sugar, fat and starches are the cheapest items you can buy.
- In 2024 our expenses to provide healthy food options have increased by 25%.
- The current poverty rate in Marion County is 15.4%.
- The Government provides SNAP and WIC benefits. However, 49% of food insecure people are likely *ineligible* for SNAP benefits due to income limits.
- Supporting Northside Food Pantry with healthy food donations is a VERY easy way to get involved in the fight against hunger.
- Northside Food Pantry relies on donations from individuals, and monetary donations to purchase food needed to serve our neighbors.

Northside Mission Ministries Volunteer Opportunities

Volunteer at the Northside Food Pantry (weekly) (*training required for some positions)

- Pantry Shift (Data Entry*, Intake Volunteer*, Client Liaison, Extra Help, Car Loader)
- Stocking Crew (assisting with stocking shelves and/or deliveries from partners)
- Delivery Drivers (picking up donations from partners in own vehicle or Pantry Truck*)
- Home Delivery (teams of 2 deliver groceries for shut-ins on Fridays in own vehicle)

Volunteer at the Garden (seasonally)

The three-quarter acre plot south of the church provides fresh vegetables to the Northside Food Pantry. Dedicated volunteers tend the garden, which is not only productive, but also beautiful, featuring flower beds, a seating area, and a prayer garden.

Bread for the World (BREAD)- Offering of Letters

BREAD is a Christian advocacy organization urging U.S. decision-makers to do all they can do to pursue a world without hunger. Their mission is to educate and equip people to advocate for policies and programs that can help end hunger in the U.S. and around the world.

Participate in the **Souper Bowl of Caring** food drive during the month of February.

To Sign up or to see current opportunities go to:
<https://secondchurch.org/FoodPantry>